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Engaging Leaders. Shaping Our Future.

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A Publication of Leadership Tomorrow



Jan's Journal

Vacations are a wonderful invention. They should be mandatory for everyone. I mean real vacations not the vacations where you visit the relatives, or stay at home and organize your next six projects while you are busy checking your office emails. I'm talking about vacations where you take time for reflection, renewal, and relaxation. Vacations where you are out of touch, out of reach, out of earshot; where you cannot access newspapers, television, or technology.

Having just returned from two weeks in the wilds of Wyoming, I can attest to the fact that journeying to this part of the U.S. was time well spent. I feel utterly refreshed, renewed, re-energized, and more committed than ever to the notion that leaders must make time for self-reflection. Max DePree said it best: "One of the most powerful things leaders can do is hear our own voice." What better way to hear one's "own voice" than to take time out from the noise of everyday living and retreat to a place where you can really listen?

My friends and I were gone for two weeks, six days of which were spent in the mountains, riding five to six hours per day on horseback, and spending quiet evenings by the campfire, sharing stories, sleeping in tents, and basically, leaving the world of noise, traffic, and people behind. While we were gone, we saw all sorts of animals (elk, moose, deer, birds of prey, and even a large bear off in the distance). What we didn't see were people, and, being so far out in the wilderness meant no cell phone service, no TV, no news. What a treat!

The trip provided me with lots of food for thought about leadership. There were seven of us in all five guests plus two outfitters, and we were wholly dependent

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upon the horses and each other to make it through the trip. I discovered you can learn a lot about leadership from observing the horses. First, they are completely aware of their surroundings and adaptable to change. If we were heading up a trail covered with snow, they used all their senses to get us around it and up the side of the hill safely. Leaders too must always be adaptable to their changing environment, using their senses to determine the right direction for their organizations. Second, horses are fully present. They give complete attention to their surroundings and their riders to determine what is being asked of them. A leader who is not fully present may be unable to serve those who seek them out for advice, assistance, and mentorship. Finally, horses have tremendous heart. Their willingness to work with you, no matter what, lifts you up, simply by watching them. It takes great heart to be a leader as well. As leaders, we can lose sight of what is meaningful when dealing with day-to-day challenges, but stopping to remember what has heart and meaning fuels the spirit and keeps us going.

Even though we may aspire to be as independent as possible, this relatively small group of people and horses became a community whose interdependence on one another actually contributed to our sense of well-being. When one member of the community was doing particularly well, we were all affected positively. Likewise, if one of us was having difficulty, it impacted everyone.

And so it is with each of us. To be effective, we must be adaptable, fully present, and filled with heart. As leaders, we must provide ourselves with time for reflection and renewal a chance to recharge our batteries. As community leaders, we must also work in concert with one another to address common concerns. The elite, positional, "command and control" style of leadership is not only lonely and alienating, it is no longer effective. John Gardner said it best: *"Most of the leadership that can be called effective involves a number of individuals acting in a team relationship. The important thing is not that the leader cover all bases, but that the team collectively does so."*



A Host of Smiles at the Community Leadership Celebration

More than 300 people came to celebrate the Class of 2011 graduation and to honor the recipient of this year's Edward E. Carlson award, Nathaniel "Nate" Miles, LT'91. Many of Nate's family and friends came to show their love and support and he did not disappoint anyone in the room.

The class selected Sam Bull to represent them as class speaker at graduation. He

brought his compassion for people as well as his warm sense of humor to his address.

It was a dazzling LT evening. Congratulations to Nate, Sam, and the Class of 2011!



Sam Bull, LT'11, Ben Ibale, LT'11, Cindy Ibale, and Theresa Wick



Carolyn Kelly, LT'89, Nate Miles, LT'91, and Jane Nishita, LT'88



Richard Humphreys, LT'01, Michelle Clements, LT Board Chair-Elect, and Board members, John Savo, LT'97, and Joe Ward, LT'86



Among those honoring Nate were Elma Horton, Michelle Evans, Josephine Stokes, and Kintisha Williams



LT Board member Linda Villegas Bremer, LT'08, and Simon Pritikin, LT'08



*LT Board members Cathy Strombom, LT'99 and Heather Fitzpatrick, LT'97,
with Ann Janikowski*



Ashley Miller, LT'11 and Deanna Wong, LT'10



Jan Levy, LT'87, Executive Director and Tina Marie Mares, LT'11

Class Speaker Sam Bull, the Natural

Sam Bull is a natural leader and it was no wonder he was



selected by the Class of 2011 to represent at graduation.

The personal stories he shared reflect the commitment Sam has made to his family, his community, and this region. Here are some excerpts from his moving speech:

"Why are we here together as a community of people? Why are we involved with Leadership Tomorrow? I will tell you why I think I am in this room full of people.

My parents did a couple of things that are always at the back of my mind. Around the time I was born, my parents took a 14 year old boy and an 18 year old girl into our home. The children's mother had died several years before, their father had just committed suicide, and their stepmother did not want them. When I was older, I asked my father why he and my mother had taken in my foster siblings, and he said, 'Because a friend of mine asked me to, and the kids had nowhere else to go.'

Several years later, my mother and my stepfather became legal guardians for a girl who lived in their small community in Maine, who had been sexually abused and brutalized by her father and uncles. Until my mother and stepfather stepped in to help her, every significant person in her life had failed her.

I don't have an easy time articulating how my parents taking in these kids has affected my outlook on the world, or how I view my community, or my responsibility to those people around me, but it is something along these lines:

I can't assume that everything is going to be alright.

I can't assume that people will be decent to each other.

I can't assume that if I don't step up, other people will.

I can't assume that if I don't encourage other people to act, that they will act, or care, or be decent.

After this year in Leadership Tomorrow, we have created a community and the truth is, I trust the people in this room. I know that their hearts are in the right place. I am confident that the LT Class of 2011 will answer the call and I am hopeful that they will call on me and demand that I be decent and step up in whatever way I can to help make this community a better place to live."

Nate Miles, the Edward E. Carlson Award Winner



Nate Miles, LT'91 was the honored recipient of the Edward E. Carlson Outstanding Alumni Award. Former Carlson Award recipient, Jane Nishita, LT'89, and Carolyn Kelly, LT'88 presented the award to Nate, describing Nate as committed, passionate, and an outstanding community steward.

The good fortune that rewarded those attending this event was the gift of hearing Nate speak from the heart and inspire all who were there. The following are some excerpts from his passionate speech:

"Many of you knew or knew of Eddie Carlson. The businessman, civic leader, community champion and family man. But I knew a different Eddie Carlson. You guys know me as someone who wears a lot of suits and nice clothes, but coming out of a federal housing project in East Pasco, Washington, I was the first member of my family to graduate from college.

One day, I was outside of Rosallini's, selling flowers to help pay for school, when the store owners tried to move me along. As they were trying to get me to move, Mr. Carlson walked out and saw what was going on. I had my books and my Husky backpack. He said, 'You a Husky?' I said, I sure am! He not only bought a couple of flowers from me, he encouraged me to keep working hard and to never quit. From that day on, no one there or at The Washington Plaza ever hassled me again. He would see me years later and say 'I knew you would make something out of yourself.' Thank you to his family for granting me such a great honor.

Dr. King said, "The ultimate measure of a person is not where you stand at times of comfort and convenience, but where you stand at times of challenge and controversy." So tonight, as members of the newest group of freshly minted leaders, I implore you to stand, or in many cases, continue to stand for something.

Stand for the poor, the elderly and our children; stand for a more effective public education system; stand up for righteousness and stand up for justice; for a healthier nation; a cleaner planet and safer neighborhoods with fewer gang problems.

Stand up for the last, the least, the left out, the locked up, the let down; the shut in, the torn apart, and the cast aside. Not just that, stand for a better region and nation, with a stronger economy, more flourishing businesses, creating more jobs, putting more people to work, saving more family homes, farms and dreams.

Stand for a more trustworthy government, with more dedicated public servants, who will actually run for what they can do for others, NOT for what they can become themselves.

Whoever you are tonight, whatever your position in life, you can make a difference. The leader you seek is inside each of you and all you have to do is just stand!

Stand to:

Clothe those who are naked;

Feed those who are hungry;

Give voice to the voiceless;

Homes to the homeless;

Hope to the hopeless;

Help to the helpless.

I want you to just stand, stand for a more compassionate society. Stand up and say once and for all, and in no uncertain terms, that YES, in fact, we ARE our brothers' and sisters' keepers and we can and will do better by them.

We can do this Seattle, we can do this young leaders, we can do this LT. When you have done all you can just STAND!! Thank you and God bless you.

Fond Farewells & Warm Welcomes

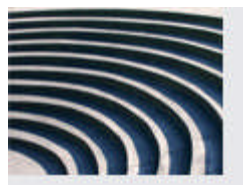
This was an exemplary year of Challenge Day and Retreat planning by the the Curriculum Committee. This last year, **Barbara Johns**, LT'04, an art curator and author, chaired the committee and began each meeting with an "Arts Minute" that related to the upcoming Challenge Day. The doors she opened with the deepening conversations inspired the group to share their own personal stories. The bonds that were created in these meetings helped to create more meaningful Challenge Days and Retreats. The Class of 2011 grew in their knowledge of the region and deepened their understanding of their own leadership journeys. These outcomes were reflected in the results of an outstanding year-end evaluation.

The Curriculum Committee plays a major role in assuring the success of the program, so it is with that in mind, that we thank our outgoing members **Jeanne Chowning**, LT'05, **Jeff Marcell**, LT'06, **Sarah Murphy-Kangas**, LT'08, **Nina Odell**, LT'99, and **John Perkins**, LT'05. Thank you for your service to the many LT classes with which you participated.

We would also like to welcome our new Curriculum Committee members: **Dan Bruck**, BRC Acoustics & Technology Consulting, **Carl Gipson**, Washington Policy Center, **Jim Kelly**, 4Culture, **Katya Matanovic**, LT'10, Pomegranate Center, **Solynn McCurdy**, LT'11, Washington STEM, **Bernadette Merikle**, LT'11, Highline Public Schools, **Shannon Roach**, LT'07, The Recording Academy, **Neal Sofian**, LT'95, Premera Blue Cross, and **Anita Verna Crofts**, University of Washington. Congratulations to **Carlene Brown**, LT'05, Seattle Pacific University, for agreeing to chair the committee. We look forward to working with all of you and to another successful year.

Grapevine

Be sure to let us know what's happening in your life. Good news travels fast. email susan@leadershiptomorrowseattle.org



1984 :: Linda Pomarantz is creating custom designed, one-of-a-kind jewelry. Take our word for it, it's beautiful!

Take a look at her work on her website: <http://lindamaribuildsit4u.com/>

1984 :: Trisha Tubbs, SoftResources LLC, co-produced the annual International Bluegrass Music Museum's Annual Awards Show at Ryman Auditorium in Nashville last year. Trisha is also on the Board of Acoustic Sound, which produces the annual four-day, family-friendly Bluegrass music festival, Wintergrass. The youth and teacher educational programs featured in Wintergrass 2012 will have an international theme with bands from Sweden, Japan, Switzerland, Italy and the United States.

1984 :: Maria Chavez Wilcox is the new President of Childhaven. She recently returned to the Northwest after serving for a number of years as head of United Way of Orange County, California.

1985 :: Liz Reynolds Thomas received her Ph.D. in Educational Leadership & Policy Studies at the University of Washington College of Education in the area of Comparative Education Research, Higher Education, Secondary Education, and Global Health Education. Liz's dissertation focused on global education in contemporary Africa, which examined how senior high schools in Ghana, West Africa, are preparing the next generation of leaders and world citizens.

1986 :: Stan Pomarantz has started a new non-profit, DME Exchange of Dallas, Inc. The organization collects, fixes, sanitizes, and distributes an array of used medical equipment for Dallas County residents who cannot afford to buy or rent it. Learn more at: www.dfwdmeexchange.org

1988 :: Anthony Brown, founder of "Peacing It Together Foundation" is promoting peace and justice throughout the world. To learn more about Anthony's pursuits watch him by [clicking here](#).

2000 :: Tye and Gauhar Ferrell welcomed their baby boy Rauwan Lloyd Ferrell into the world on Monday, July 4, 2011. Congratulations to the Ferrell family!

2004 :: Charles Knutson and his wife, Theil, welcomed their baby boy James Arrow Knutson into the world on Sunday, May 29, 2011. Congratulations to the Knutson family!.

2005 :: Scott Garrepy has accepted the position of Chief Development Officer at SightLife. SightLife is an eye bank that provides cornea tissue for transplant and offers sustainable eye bank development programs to restore sight around the world.

2008 :: Shauna Causey was recently honored by the Puget Sound Business Journal with a "40 Under 40" award presented to dynamic local business leaders under the age of 40. Congratulations Shauna!

2009 :: Ronald Moore, Deputy City Clerk, City of Shoreline, has earned the designation of Master Municipal Clerk (MMC), which is awarded by the International Institute of Municipal Clerks, Inc. Congratulations Ronald!

2009 :: Brian Cavanaugh, of Architecture Building Culture, LLC, has been

recognized in the Seattle Times for his fine work in bringing new design into an older home that his classmate from LT 2009, **Matthew Stubbs**, and his wife, Sara, wanted to update. See the article and this beautiful home by [clicking here](#).

2010 :: Tom Young was recently honored by the Puget Sound Business Journal with a "40 Under 40" award presented to dynamic local business leaders under the age of 40. Congratulations Tom!

2011 :: Tina Marie Mares and her long-time boyfriend, Sean Michael Masters were married on July 2, 2011 at St. Benedict Catholic Church in Seattle. Word has it the former Miss Seafair looked spectacular! Tina was also recently honored by the Puget Sound Business Journal with a "40 Under 40" award presented to dynamic local business leaders under the age of 40. Congratulations!

2011 :: Solynn McCurdy has accepted the position of Community Engagement Director at Washington STEM, a nonprofit organization dedicated to advancing innovation in science, technology, engineering and mathematics education in Washington State.

2011 :: Tré Maxie was appointed to the Washington State Board of Education (SBE). It provides strategic oversight of education in Washington State. After a rigorous process, he was selected from 11 finalists to fill Position 5 on the State Board of Education. Congratulations Tré!

2011 :: Dan Stonington is now the Executive Director of Northwest Natural Resource Group (NNRG). This organization has been leading efforts to make ecological forestry a paying proposition in the Pacific Northwest. Congratulations Dan!

LT Alums, we don't want to lose you. Please update your profile in the LT online directory. For instructions, email susan@leadershiptomorrowseattle.org.

Get Involved!

Opportunity knocks... Will you answer?

You are invited to join the **2nd annual All-Young Professional Network Event**, hosted by The Meydenbauer Center!

This is a great opportunity to share the latest news and information from your organization or company with hundreds of Puget Sound's young professionals. This will be one of the biggest young professional networking events of the year for the Puget Sound business community - don't miss the chance to build your network exponentially!

This program will also give you the opportunity to build your networks with members of Young Professional Organizations from across the Puget Sound region and have the opportunity hear from some of the leading CEO's in the state, and their journey to success.

The 2nd Annual All-Young Professional Network:

Date: Wednesday, August 17th, 2011

Time: 6:00-8:00 p.m.

Place: Meydenbauer Center (11100 NE 6th Street, Bellevue 98004)

Cost: \$15 pre-paid (\$20 after 8/15, \$25 at the door) Light appetizers included, cash bar

Details and registration: [Click here.](#)

YPN Facebook Event: [Click here.](#)

Twitter Account: @seattlechamber / #ALLYPN

CityClub

Thursday, August 4, 2011

In Partnership with PubliCola and The Seattle Public Library:

The Viaduct Referendum: What is it Really About?

The Seattle Public Library, Central Branch, Microsoft Auditorium | 1000 Fourth Avenue, Seattle [\[view map\]](#)

Registration: 5:30 p.m. | Program: 6:00-7:30 p.m.

Library events are free and everyone is welcome. Because seating is limited, preregistration is recommended.

[Register Now!](#)

On the Initiative Process:

Tim Eyman, Director, Voters Want More Choices

Senator **Adam Kline**, Washington State Legislature (37th)

Moderator: **Josh Feit**, Founder and Editor, PubliCola

On Referendum 1:

Kate Joncas, President, Downtown Seattle Association

Councilmember **Mike O'Brien**, Seattle City Council (Pos. 8)

Moderator: **Erica C. Barnett**, Editor, PubliCola

On the August 16 Primary ballot, the citizens of Seattle will be asked to vote on "Section 6 of Ordinance #123542, relating to the replacement of the Alaskan Way Viaduct". What does this vote really mean? Many have said this is an important opportunity for the citizens of Seattle to voice their opinion on the tunnel option. Others say this is simply technical and shouldn't have any bearing on what has been agreed upon and commenced. What do you think? Join CityClub as they discuss the consequences of the vote procedurally and politically.

Bring your own questions for what are sure to be two lively conversations!

Our Mission

who work to strengthen our region.

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